

# FAMILIES & Grief

During this one day Seminar,  
our highly experienced  
presenters will cover:

- types of grief experienced in families
- supporting a family after suicide
- how young people experience grief

**SAT. 2ND DECEMBER**

**9.45AM - 3.00PM**

**THE GNOMON ROOM  
WHARF RD, ULVERSTONE**

**\$40 EARLY BIRD**

**\$50 AFTER 20TH NOV**

## KEYNOTE SPEAKERS



**Karen Mace**

Karen has previously worked as a registered nurse, counsellor and psychotherapist. As a grief educator, she has over a decade of experience helping clients navigate grief, particularly disenfranchised grief. Her book, "A Grief Revealed," was an Amazon best seller in 2022. Karen will explore different types of grief experienced within families, based on her own 'lived' experience of grief, after the tragic loss of her two daughters.



**Rod Lambert**

Rod has been an educator and trainer in the mental health field for over 20 years. Formerly the Tasmanian Coordinator of the StandBy Support After Suicide Service, he continues his involvement in various capacities even in semi-retirement. Rod specialises in supporting grieving families, particularly those affected by suicide, offering insights into the unique challenges of this experience. As a skilled trainer and mental health educator, Rod will focus on how to effectively support families dealing with suicide and navigating the complexities associated with it.



**Jess Sanders**

Jess is a social worker, educator, and best-selling award-winning author from Hobart. She is passionate about empowering young individuals with tools for mental and physical well-being. Jess will explore how young people experience grief, how to support them and support yourself through this process. Jess currently works at Palliative Care Tasmania and leads 'Learning Through Loss,' a grief literacy program designed for educators and the wider community.



bookings via eventbrite  
or contact us directly



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